

Blueberry Boost Tea

Ingredients: % by weight

Every cup of medium strength tea (2 grams/cup) contains approx 6 grams of fresh blueberries as a dried concentrate.

Dried blueberries 42 %
Blueberry leaves
Raspberry leaves *
Spearmint leaves
Cinnamon

The tea and pregnancy

* Raspberry leaves may be unsafe for women during early pregnancy.

Please consult with a health care professional for guidance.

Caution

As a precaution, we recommend a 30 minute gap between drinking the tea and taking medication.

The tea's potency is underpinned by blueberry leaf's property of magnifying the therapeutics of other herbs. We have no supportive evidence but it is theoretically possible that it may also apply to synthetic medication.

Medical supervision

If the tea is to be used for a specific purpose, diabetes for example, it is strongly recommended that the tea is taken under medical supervision.

This is particularly important if a person is on medication. Medication may need lowering or revision.

Testimonials

The tea has stabilized my blood/sugar . I also have much more energy and I rarely get flu and colds now.

Kellie Miller

My husband and I are sleeping better since we started drinking the tea in the evenings half an hour before going to bed.

Zena Cameron

I am no longer wearing glasses.

Carl Sykes

Having a cup of the tea before bed time means I don't need to get up during the night to go to the toilet.

Kristina Henning

I am a Type 2 diabetic. The tea has lowered my blood sugar levels and I have a lot more energy and I have stopped using my glasses.

Leanne Venn

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www.blueberryboosttea.com/

Postal deliveries are attended to via our website.

Product of Australia

Blueberries, blueberry leaves, raspberry leaves and spearmint leaves grown chemically free in Tasmania. Cinnamon imported.



Blueberry

Boost Tea



**Boosting vitality
enhances life**

www.blueberryboosttea.com

The foundation for how the tea works is very simple. The tea was deliberately crafted to enhance a person's vitality.

When a person's vitality is optimised, they are in the best position to deal with life.

A person's inner strength underpins a person's metabolism on all levels.

The most obvious is a person's energy levels.

Its also the foundation for their immune system.

Vitality is critical to the body's ability to heal and maintain itself.

It also underpins a person's nervous system. This is why the tea can positively effect quality of sleep and how one's body copes with stress.

It also directly impacts on the body's ability to restore balances in its metabolism. This can range from cholesterol, hormone and albumin levels and what is of particular importance for diabetics, restoration of insulin resistance.

Researchers at the Menzies Research Institute in Hobart have shown a clear restoration of insulin resistance during trialling of the tea on diabetic rats.

Because the results were so conclusive, they have since conducted full human trialling for the effect of the tea for diabetes. The results will be published next year.

Please go to our website for more information. You will also find there videos of people's personal experiences with the tea.

Because of the quality of feedback we have received regarding the tea and depression, we are now publicly promoting it as a tool for depression.

Please feel free to contact us for more detail.

Individual metabolisms

We cannot quantify how much tea you will need because we are all unique.

Your metabolism will determine the number of cups per day required to make a difference.

Please see the website for more details.

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